

## **INSIDER** December 2023

Welcome to our December newsletter!

As the sunshine takes on a gentler glow and a touch of winter's magic graces our beloved Orange Tree Golf Club, we're thrilled to welcome you to a December filled with the unique charm of a Florida winter. This month holds a delightful mix of golfing excellence and holiday merriment that captures the essence of our sunny state during the festive season.

Amidst the winter warmth, join us on December 1st for our first-ever XXIO Fitting event. Craft your golfing experience with precision, ensuring each swing is as vibrant as a Florida sunset.

On December 2nd, immerse yourself in the spirit of the season during the Jr Club Championship. Watch our young golfers bring their talent to the course, creating a spectacle that embodies the promise of Orange Tree Golf Club's bright future.

Gentlemen, circle December 7th on your calendars for the Men's One-day Member Guest event—a day of camaraderie and friendly competition that perfectly captures the spirit of our golfing community against the backdrop of Florida's mild winter.

'Tis the season for a cherished tradition. On December 12th, experience the joy of the 14th Annual Christmas Scramble—a festive round of golf that combines skill with the merry spirit of the holidays, all under the gentle Florida sun. Following the Scramble, the celebration continues with our Member Christmas Party on December 12th. Join us for an evening filled with winter joy, good company, and the warmth of the holiday season.

Elevate your game amidst the Florida winter chill on December 16th at our Cobra Fitting event. Step onto the course with confidence, armed with clubs tailored to your unique style and ready to embrace the sunny days ahead.

As palm trees sway in the breeze and holiday lights twinkle, please note that on December 24th, the course will close at 2:00 pm in preparation for festive celebrations. Your understanding during this magical time is greatly appreciated.

Wishing you a Merry Christmas on December 25th! The course will be blanketed in the soft glow of holiday lights, allowing everyone to revel in the joy of the season with loved ones.

And don't forget, on December 31st, we'll be maintaining our normal operating hours, giving you the perfect opportunity to welcome the new year on the course.

We are eager to share these special winter moments with you in December. For more details and registration information, please visit our website or contact the club directly.

Thank you for being an integral part of the Orange Tree Golf Club family. May your December be filled with golfing excellence, the unique charm of a Florida winter, and the warmth of holiday cheer.

Warm regards,

Katrina Pare



Murry Carswell Susan Wilkinson Josh Culpepper

## **ORANGE TREE INSIDER**



Be sure to check out the Orange Tree Insider! Hosted by Lauren Thompson, it's an informative monthly video segment in collaboration with the Golf Channel. Episodes can be found on the main page of our website, our Facebook page, and our YouTube channel.

## HOLE IN ONE

Le "Vivian" Li 11/21/23 Hole 11 Karl Edlbauer 11/24/23 Hole 17















## PRO SHOP TIP OF THE MONTH

### Why do we overseed the golf course with Rye grass before winter?:

This is a question we get asked a lot each and every year. Here in the South, we have Bermuda grasses. Which is great for the hot and humid temperatures of Florida. However, when the winter months roll around November through April we can still see temps down in the 40s at night. Those temperatures force the Bermuda grass to go dormant and brown out. The ownership and management here at Orange Tree pride ourselves on having a tournament-ready golf course as often as we can. Which means we want to see green grass! The throwing of perennial ryegrass each November allows us to have lush green grass in our rough, fairways and approaches throughout the cooler winter months. Once the seed is spread it generally takes 7-10 days before the seed begins to germinate and the rye grass pops. Once the grass starts to pop, we don't mow the fragile ryegrass for 10-14 days. Hopefully, with some help from Mother Nature the seed pops evenly throughout the golf course and we have a giant blanket of dark green grass! Once this new seed is spread and the grass starts to pop it is even more important during this time to keep those four tires of your cart on the cart path around all tees and greens. See Rob's video on our Facebook and Instagram pages to watch Him spread the seed. Thank you and we can't wait to see the Ryegrass flourish once again here at "The Tree".





## **TOURNAMENT WINNERS**

- October 2023: Member Member
  - Winner John Blazon & Jeff Lagos
  - Runner Ups Joe Mannella & Garrett Stacey
- October 26: Women Playing for Time
  - Sheila Leacock, Sharon Venker, Diane Vore, Tom Venker
- November 2: Men's One-day Member Guest
  - Champions Flight Bob Albertson & Joe Bentz
  - Nicklaus Flight George Manderaas & Pete Watzka
  - Zembriski Flight Nitesh Patel & Chuck Ragna
- November 4-5: Ladies' Club Championship
  - Club Champion Erika Farrow
  - Net Club Champion Maria Kovalenko
  - Senior Club Champion Julie Jackson
  - Net Senior Club Champion Linda Widmer
  - Super Senior Champion-Tommie Witthohn
  - Net Super Senior Champion-Jeanette Lawrence
- November 9: Princess 19
  - Julie Jackson
- November 18: Match Play Qualifier
  - Men Brantley Hawkins
  - Women Kate Layden
- November 21: 14th Annual Thanksgiving Day Tournament
  - Sheila Leacock, LenRizzo, Sharon Venker, Thomas Venker

## **BOOK CLUB**

As the holiday season approaches, we are excited to wrap up our yearlong journey through books that have made their way onto the silver screen. For December, we have chosen a festive and heartwarming tale, "The Man Who Invented Christmas" by Les Standiford. This delightful novel takes us behind the scenes of Charles Dickens's classic "A Christmas Carol" and its journey to becoming a timeless holiday tradition. To complement our festive read, we'll be watching "The Man Who Invented Christmas," directed by Bharat Nalluri.

"The Man Who Invented Christmas" is not just a story about Dickens; it's a journey into the creative process that gave birth to one of the most beloved stories of the season. Les Standiford's narrative explores Dickens's challenges, inspirations, and the magical transformation of the characters that would become Ebenezer Scrooge, Tiny Tim, and the Ghosts of Christmas Past, Present, and Future.

The film adaptation, directed by Bharat Nalluri, invites us into the Victorian London of Charles Dickens's imagination. Starring Dan Stevens as Dickens, the movie captures the spirit of "A Christmas Carol" and the magical essence of the holiday season. It's a visual and emotional treat that will warm your heart and ignite the festive spirit.



Our December book club meeting is scheduled for December 27, 2023, and we invite you to join us for a cup of hot cocoa and a heartwarming discussion. Share your thoughts on Standiford's exploration of Dickens's creative process, the enduring themes of "A Christmas Carol," and the film's portrayal of this literary journey.

In the spirit of the season, we encourage you to bring a favorite holiday treat or a quote from "A Christmas Carol" that warms your heart. Let's make this meeting a celebration of literature, film, and the joy of the holidays.

## **SAVE THE DATES**

- December 1:XXIO Fitting
- December 2: Jr Club Championship
- December 7: Men's One-day Member Guest
- December 12: 14th Annual Christmas Scramble
- December 12: Member Christmas Party
- December 16: Cobra Fitting
- December 24: Course Closes at 2:00pm
- December 25: Merry Christmas! (Course Closed)
- December 31: Happy New Years Eve!
- January 1: Golf Bums
- January 4: Men's One-day Member Guest
- January 6: Cobra Fitting
- January 10: 2024 OTGC
   Challenge Cup
- January 12: Nine & Dine
- January 16: 2024 OTWGA Field Day
- February 1: Men's One-day Member Guest
- February 10: Mens Club Championship
- February 11: Mens Club Championship
- February 13: Valentin's Day Couples Mixer
- February 24: Mens Senior Club Championship
- February 25: Mens Senior Club Championship



## MEMBER REFERRAL PROGRAM

Refer a member and receive 2 guest passes.



## **BRIDGE CLUB**

Open to men and women, social and golf members! Rubber bridge every Wednesday at 1 pm. Bridge Club is run by member Linda Kenney. Stop by the Administration office for info on how to join.



## **RULES AND REGS REVIEW**

### Elevating Your Experience: Pro Shop Etiquette and Course Consideration

As we revel in the joys of golf at Orange Tree Golf Club, we share a collective responsibility to uphold the highest standards of Pro Shop Etiquette. Today, we'd like to bring attention to specific practices that enhance the seamless operation of our club and contribute to the care of our magnificent course.

### 1. Returning Golf Cart Keys and Green Towels:

To ensure the seamless operation of our golfing experience, we want to stress the vital nature of returning both the golf cart keys and green towels when concluding your round. This isn't merely a suggestion but a mandatory practice that contributes significantly to the efficiency of our operations and the overall experience for all golfers.

Leaving keys and towels in the carts streamlines our outside staff's preparations for the next round, allowing them to provide the level of service you expect from Orange Tree Golf Club. Your commitment to this essential practice ensures that every golfer enjoys a well-prepared and efficient experience on our course.

### 2. Staying on the Cart Path:

Fresh from the meticulous overseeding process, our course is a testament to the dedication we have in providing you with a lush and vibrant playing environment. To protect the new growth, especially in recently overseeded areas, we kindly request that all members stay on the cart path. This simple yet essential consideration safeguards the beauty and longevity of our course.

Your cooperation in adhering to these Pro Shop etiquette guidelines ensures that Orange Tree Golf Club remains a premier destination for golf enthusiasts. As you conclude your rounds, leaving keys and towels in the carts becomes a seamless part of the process, allowing our outside staff to efficiently prepare for the next golfing adventure.

Thank you for your continued commitment to the excellence of our golfing community. We look forward to many more rounds together on our beautifully maintained course.







## Enhancing Your Golf Game: The Power of Photobiomodulation and Red Light Therapy

Dear Members,

As the golf season heats up here at Orange Tree Golf Club in sunny Orlando, we are always on the lookout for ways to improve our game and stay at the top of our performance. Today, we're excited to introduce you to an innovative approach that can help you reduce inflammation and enhance your golf swing: Photobiomodulation and Red Light Therapy.

### The Golf Swing and Inflammation

Golf is a physically demanding sport that places significant strain on our muscles and joints. Over time, the repetitive motion of the golf swing can lead to inflammation and soreness in various parts of the body, including the shoulders, back, and wrists. This inflammation not only hampers your performance but can also lead to chronic pain and injuries if left unchecked. Photobiomodulation, often referred to as PBM, is a non-invasive therapy that utilizes specific wavelengths of light, primarily red and near-infrared light, to stimulate cellular repair and reduce inflammation. This therapy has gained popularity among athletes, including golfers, for its ability to accelerate the body's natural healing processes and improve overall performance.

#### The Science Behind Red Light Therapy

Red light therapy, a subset of PBM, works by exposing targeted areas of the body to low-level red and near-infrared light. When these wavelengths penetrate the skin, they are absorbed by the mitochondria in our cells, where they help produce more adenosine triphosphate (ATP), the energy currency of our cells. This boost in cellular energy enhances cellular repair and regeneration, leading to a reduction in inflammation and improved tissue healing.

#### **Benefits for Golfers**

Now, you might be wondering how PBM and red light therapy can specifically benefit golfers and their swings. Let's explore some key advantages:

• Pain Relief: By reducing inflammation and promoting tissue repair, red light therapy can alleviate the aches and pains that often accompany golfers, helping you swing more comfortably.

• Enhanced Flexibility: Reduced inflammation and improved tissue healing can lead to increased joint flexibility, allowing you to achieve a fuller range of motion during your swing.

• Faster Recovery: If you're a golfer who practices frequently, red light therapy can speed up muscle recovery, enabling you to train harder and more consistently.

• Improved Focus: PBM has been shown to enhance cognitive function, helping golfers maintain better focus and concentration during their rounds.

• Better Overall Performance: As inflammation decreases and your body's natural healing processes are optimized, you'll notice improved energy levels and overall performance on the course.

Incorporate Red Light Therapy into your routine!

To experience the benefits of red light therapy, give us a call for a free session. 407-305-4114

All Love Everything, Justin Cobb

Owner, ND Wellness Club

## **SEASONAL TOPICS**

May your Christmas be filled with warmth and joy, like the feeling after sinking a challenging putt. Share laughter and good times, much like the camaraderie among golf buddies on the fairway.

As the year draws to a close, let's reflect on the past, appreciating the successes and learning from the rough patches, just as golfers review their game. With the dawn of the New Year, may you approach it with the optimism of a golfer on the first tee, ready for a fresh start and new adventures.

Wishing you a Christmas filled with love and a New Year full of birdies and eagles! May your days be merry and bright, both on and off the course. Happy Holidays!



## SHARE YOUR MILESTONES WITH US!

Dear Orange Tree Golf Club Members, At Orange Tree, we're not just a golf club; we're a community that celebrates each other's triumphs and joys. We want to hear about your exciting life events and milestones because they are the threads that strengthen the fabric of our club.

Have you recently gotten engaged, celebrated a graduation, or welcomed a new member into your family? Whether it's a personal achievement or a cherished moment, we invite you to share your news with us! Our newsletter is the perfect platform to spread the word and celebrate together.

Don't be shy; your stories inspire and connect us all. To submit your exciting news for inclusion in the newsletter, simply email kpare@orangetreegolfclub.com with the subject line "Member Milestones" by the 8th of each Month. Let's make our Orange Tree Golf Club family even closer by sharing in each other's happiness.

Thank you for being a part of our wonderful community!

## **MOMENTS WITH MEMBERS**

We are honored to turn our attention to a true legend within our Orange Tree community, Mr. Richard Clarkson. As a steadfast member of our esteemed club since 1973, Richard's journey with us has been one marked by dedication, skill, and an unwavering love for the game.

What sets Richard apart is not just his enduring membership but a truly remarkable feat that few can boast – a staggering 15 hole-inones over the years, with an incredible three achieved in the course of this year alone! Yes, you read that correctly – three perfect shots finding the cup in a single year.

These hole-in-ones are not just a testament to Richard's exceptional skill on the course but also serve as a source of inspiration for us all. His mastery of the game is a reflection of the spirit that defines Orange Tree Golf Club — a spirit of continuous improvement, camaraderie, and the pursuit of excellence.

Richard's golfing journey, spanning nearly five decades within our club, embodies the rich tapestry of experiences and shared moments that make Orange Tree a second home for each of us. It's members like Richard who contribute to the vibrant history and the unique character of our club.

We invite you to join us in celebrating Richard's extraordinary accomplishments. His hole-in-ones not only demonstrate a profound understanding of the game but also showcase the joy and passion that golf brings to us all. Richard, with his modesty and sportsmanship, represents the true essence of our Orange Tree family.

As we applaud Richard's achievements, let us also take a moment to reflect on the collective journey we share as members of Orange Tree Golf Club. Each round played, every shared victory, and every camaraderie-filled moment contributes to the unique story of our club We extend our heartfelt congratulations to Richard on this incredible milestone and express our gratitude for his enduring commitment to our Orange Tree community. Here's to many more years of shared moments, golfing triumphs, and the camaraderie that makes our club truly exceptional.



## 2024 ANNUAL DUES PROGRAM

Dear Members of Orange Tree Golf Club,

We hope this letter finds you in good health and high spirits. It's that time of year again when we present our Annual Dues program for the upcoming year. We are excited to introduce the 2024 Annual Dues program, and we would like to provide you with all the necessary information to make an informed decision.

To qualify for this program, you must enroll by Friday, December 22, 2023, and then pay the dues amount in full by January 20, 2024. We would like to emphasize that no exceptions will be made to these deadlines, and no credits will be issued once the annual dues are billed.

Participation in the program is optional but is highly encouraged. We would like our members to take their time to consider their options before the enrollment deadline. If you decide to participate, you will enjoy the benefits of the program, including six free guest passes that will be kept on file in the Pro Shop. These guest passes can be used at your discretion throughout the year, offering you the opportunity to share the Orange Tree Golf Club experience with friends and family. Please note that these guest passes will expire on December 31, 2024, and they are non-transferable.

It's important to mention that annual dues do not automatically carry over. To continue your Annual Dues for 2024, you must mail or drop off the signed enrollment form to the Accounting Office, or you can also email it to kpare@orangetreegolfclub.com by December 22, 2023.

Additionally, when you check in for your tee-time at the Pro Shop, please inform the staff that you would like to use your Guest Passes. These passes will only be applied at your request, ensuring a smooth and hassle-free experience for you and your guests.

We believe that the 2024 Annual Dues program provides excellent value and opportunities for our members, and we hope you consider taking part in this program. If you have any questions or need further information, please do not hesitate to contact us.

Thank you for your continued support, and we look forward to another fantastic year of golf at Orange Tree Golf Club. We wish you happy holidays and a prosperous New Year.



Fairways and Greens! Orange Tree Golf Club Owners & Management

## HAIR OF THE DOC GOLF TOURNAMEN

HOSTED BY THE GOLF BUN

## MONDAY JANUARY 1S 9:00AM SHOTGU

PARINGS PARTY DECMBER 31ST 2 PM ON THE PATIO

REGISTRATION FOR MALE MEMBERS OVER 18 YEARS OF AGE OPENS ON DECEMBER 1ST, 2023. HURRY, AS ONLY 80 SPOTS ARE AVAILABLE. IN TOTAL CASH PRIZE

**\$9,300.00** BASED ON 80 PLAYERS

## **TOURNAMENT FACTS**

OPEN TO MALE MEMBERS 18+ 1 GROSS BALL - 1 NET BALL 4 SOMES ONLY PAYS TOP FIVE TOTAL SPOTS TIEBREAKERS IN PLACE CLOSEST TO PIN CONTESTS PARAMUTUAL BETTING FULL LUNCH BUFFET AFTER ROUND CLUB TEE RULES IN EFFECT BLIND DRAW ABCD PLAYERS 50/50 RAFFLE TICKETS AVAILABLE FOR PURCHASE

QUESTIONS - EMAIL otgolfbums@gmail.com





## HAPPY NEW\*\*\*



# December 2023 at

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Don't forget we are social! © <b>f</b>					1 Men's Club 7:30 am Nine is Enough 8:48 am XXIO Fitting 10 am-2:00 pm Scratch Game 1:00 pm Dinner 5:30-8 pm	2 Morning Group 7:30 am Powerball 8:00 am Ladies' 9:00 am JR CLUB CHAMPIONSHIP 9:30 am Scratch Game 1:00 pm
<b>3</b> Prime Time 1:00 pm-4:00 pm	4 Closed	5 Nine is Enough 8:48 am Coach's Game 12:00 pm	6 Mens Club 8:00 am Scratch Game 1:00 pm Dinner 5:30 pm-8:00 pm	7 Ladies' 9:00 am	8 Men's Club 7:30 am Nine is Enough 8:48 am Scratch Game 1:00 pm Dinner 5:30-8 pm	9 Morning Group 7:30 am Powerball 8:00 am Ladies' 9:00 am Scratch Game 1:00 pm
<b>10</b> <b>Prime Time</b> 1:00 pm-4:00 pm	11 Closed	12 Nine is Enough 8:48 am 14 Annual Christmas Shamble 1:00 pm Member Christmas Party 6:00 pm	13 Mens Club 8:00 am Scratch Game 1:00 pm Dinner 5:30 pm-8:00 pm	14 Ladies' 9:00 am	15 Men's Club 7:30 am Nine is Enough 8:48 am Scratch Game 1:00 pm Dinner 5:30-8 pm	16 Morning Group 7:30 am Powerball 8:00 am Ladies' 9:00 am Scratch Game 1:00 pm
<b>17</b> <b>Prime Time</b> 1:00 pm-4:00 pm	18 Closed	19 Nine is Enough 8:48 am Coach's Game 12:00 pm	20 Mens Club 8:00 am Scratch Game 1:00 pm Dinner 5:30 pm-8:00 pm	21 Ladies' 9:00 am	22 Men's Club 7:30 am Nine is Enough 8:48 am Scratch Game 1:00 pm Dinner 5:30-8 pm	23 Morning Group 7:30 am Powerball 8:00 am Ladies' 9:00 am Scratch Game 1:00 pm
24 Course Closes 2:00 pm 31 Prime Time 1:00 pm-4:00 pm	25 Closed	26 Nine is Enough 8:48 am Coach's Game 12:00 pm	27 Mens Club 8:00 am Scratch Game 1:00 pm Dinner 5:30 pm-8:00 pm	28 Ladies' 9:00 am	29 Men's Club 7:30 am Nine is Enough 8:48 am Scratch Game 1:00 pm Dinner 5:30-8 pm	30 Morning Group 7:30 am Powerball 8:00 am Ladies' 9:00 am Scratch Game 1:00 pm
Pro Shop: Tuesday-Sunday 7a-6p       Range: Tuesday-Saturday 7a-6p*       Tuesday: Sunday 7a-5p*       Tuesday: Food Service 9a-3p       Wednesday: F&B Service 9a-8p       Thursday: F&B Service 9a-8p       Friday: F&B Service 9a-6p       Saturday & Sunday: F&B Service 9a-8p         *Range closes 30 minutes before dusk, 1 hour prior on Sundays       Tuesday: Food Service 9a-3p       Thursday: F&B Service 9a-3p       Thursday: F&B Service 9a-8p       Food Service 9a-8p       F&B Service 9a-8p       Saturday & Sunday: F&B Service 9a-8p         *Range closes 30 minutes before dusk, 1 hour prior on Sundays       Tuesday: Food Service 9a-6p       Saturday & Sunday: F&B Service 9a-8p       Saturday & Sunday: F&B Service 9a-8p       Saturday & Sunday: F&B Service 9a-8p						