



*Orange Tree Golf Club*

# INSIDER

July 2023

Welcome to our July newsletter! We are thrilled to share with you the exciting events and activities happening at our club this month.

First and foremost, we want to wish you a Happy Fourth of July! As we celebrate this momentous occasion, we invite you to join us at the club for a memorable Independence Day. Our golf course will be open on July 3 and July 4, providing the perfect opportunity to enjoy a round of golf amidst the holiday festivities.

Please note that from July 10 to July 13, the club will be closed for aerification. This necessary maintenance process ensures the long-term health and quality of our course. We appreciate your understanding and look forward to welcoming you back once the aerification is complete.

Calling all young golfers! Our Junior Camp sessions are here to provide a fun and educational experience on the greens. The first session took place from June 20 to June 22, and the second session will run from July 4 to July 16. It's a fantastic opportunity for junior golfers to improve their skills and make lasting memories with fellow golf enthusiasts. Don't miss out on these exciting camps!

In addition to these events, we have a range of activities and programs designed to make your summer memorable. From social events to golf tournaments, there's something for everyone to enjoy.

Wishing you a fantastic July filled with golfing adventures, Fourth of July festivities, and unforgettable moments. We look forward to seeing you at the club!

Best regards,

*Katrina Pare*



## WELCOME NEW MEMBERS

Susan Wilkinson

Jennifer Jung

Brendan Valdes

## MEMBER REFERRAL PROGRAM

Refer a member and receive 4 guest passes.

## SEASONAL TOPICS

Swing into Independence Day with a tee-rific celebration! Wishing you a hole-in-one Fourth of July filled with birdies, eagles, and fireworks that light up the sky. Just like the game of golf, let freedom and joy be your driving force as you navigate the fairways of life. May your day be filled with good company, great shots, and plenty of par-tying. So grab your clubs, dress in your patriotic best, and let the spirit of liberty soar as high as your golf ball. Happy Fourth of July on and off the greens!



## ORANGE TREE INSIDER



Be sure to check out the Orange Tree Insider! Hosted by Lauren Thompson, it's an informative monthly video segment in collaboration with the Golf Channel. Episodes can be found on the main page of our website, our Facebook page, and our YouTube channel.

## PRO SHOP TIP OF THE MONTH

### "What is the best way to rake a bunker?"

Is there a best way to rake a bunker? The answer is yes. After you hit your shot and grab the rake, do not dig into the sand with the head of the rake. Place the rake head softly on the sand and rake towards your body. You may also push the rake away from you to "splash" the sand to cover the raked lines. Continue this until you have raked yourself out of the bunker. Always leave the bunker better than you found it.

See our video posted on Facebook and Instagram. Go Play!



## JUNIORS CAMP IS BACK!

We are thrilled to announce the return of the highly anticipated "Orange Tree Summer Golf & Fitness Camp" for another fun-filled season. Get ready to tee off and stay fit in the sun while enjoying an unforgettable summer experience!

**Golf Instruction:** Our camp features top-notch golf instruction from experienced professionals, tailored to all skill levels. Whether you're a beginner or an aspiring pro, our expert coaches will help you improve your swing and refine your technique.

**Fitness Activities:** In addition to golf, we offer a wide range of fitness activities designed to keep you active and enhance your overall physical well-being. From yoga sessions to strength training exercises, we've got you covered.

**Fun and Games:** Beyond golf and fitness, we have an array of exciting games, challenges, and team-building activities planned to keep you entertained throughout the camp. Prepare for an incredible summer of camaraderie and laughter!

June 20-22

July 4 - July 6

July 18 - July 20

July 25 - July 27

Aug 1- Aug 3

For any inquiries or to register for the "Orange Tree Summer Golf & Fitness Camp," please reach out to Joe Bentz, our First Assistant Junior Program Leader, at (407-351-2521).

Joe will be more than happy to assist you.

Don't miss out on this fantastic opportunity to enhance your child's golf skills, promote fitness, and make lifelong memories with friends. Spaces are limited, so secure your child's spot today!

We look forward to welcoming your child to the "Orange Tree Summer Golf & Fitness Camp."

## BOOK CLUB

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This year is all about books that have been made into movies.

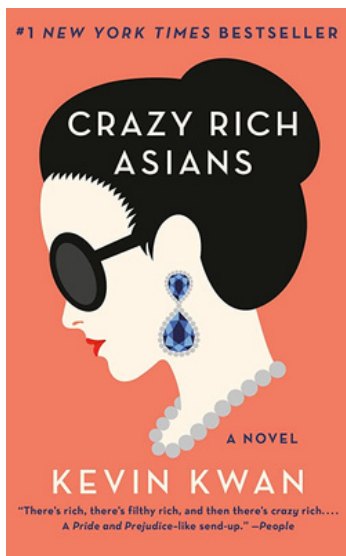
Read the book, watch the movie, or both!

Then join us in the discussion.

We're excited to announce that our book of the month is none other than "Crazy Rich Asians" by Kevin Kwan!

For those who may not be familiar with the novel, "Crazy Rich Asians" takes readers on a journey into the opulent and extravagant world of Singapore's ultra-wealthy elite. Through captivating storytelling and a delightful cast of characters, Kevin Kwan explores themes of love, family, and cultural identity. This book effortlessly blends humor and social commentary, offering readers a fascinating peek into the lives of the "crazy rich."

What makes this month's selection even more exciting is that "Crazy Rich Asians" was adapted into a critically acclaimed film, directed by Jon M. Chu, in 2018. The movie, like the book, received widespread praise for its lavish portrayal of Singapore's high society and for bringing diverse Asian representation to the forefront of Hollywood.



We encourage you to join us for our book club meeting, where we will gather to discuss "Crazy Rich Asians." Whether you loved the book, enjoyed the film, or have mixed opinions, we're excited to hear your thoughts, interpretations, and favorite moments. This will be an opportunity to delve deeper into the themes and characters, as well as share your own personal connections to the story.

And remember to RSVP!



## SAVE THE DATES

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- **July 3: Golf Course Open**
  - **Golf Bums 9:00 am Game**
- **July 4: Golf Course Open**
- **July 10 - 13: Closed for Aerification**
- **July 19 LEGS: Ladies Executive Golf Society "Nine & Wine"**
  - **Note: Be sure to register on the LEGS website!**
- **August 7-9: Closed for Aerification**
- **August 16 LEGS: Ladies Executive Golf Society "Nine & Wine"**
  - **Note: Be sure to register on the LEGS website!**
- **Course Closed: Aug 28 -29**
  - **2023 ECC Chapter Championships**
- **September 4: Labor Day - Golf Course Open**
  - **Golf Bums 9:30 am Game**
- **September 13 LEGS: Ladies Executive Golf Society "Nine & Wine"**
  - **Note: Be sure to register on the LEGS website!**
- **September 14: Ladies' Opening Day**

## BRIDGE CLUB

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Open to men and women, social and golf members! Rubber bridge every Wednesday at 1pm. Bridge Club is run by member Linda Kenney. Stop by the Administration office for info on how to join.

## ADDITIONS FROM ADMINISTRATION

As the golf season is in full swing, we want to take a moment to emphasize the importance of golf cart insurance, particularly for private golf carts used on our property. Ensuring that all golf carts have appropriate insurance coverage is vital for the safety and well-being of everyone at the club.

### All Private Golf Carts Must Have Insurance:

We would like to remind all members who own and operate private golf carts on the club property that it is mandatory to have valid and up-to-date insurance coverage for your cart. This requirement applies to both electric and gas-powered golf carts. Having proper insurance coverage not only protects you and your assets but also provides peace of mind in the event of an accident or unforeseen incident.

### Why is Golf Cart Insurance Important?

- **Liability Protection:** Accidents can occur, causing damage to property or injury to individuals. Golf cart insurance provides liability protection, ensuring that you are financially covered in case you are held responsible for any damages or injuries resulting from the operation of your golf cart.
- **Property Damage Coverage:** Accidental collisions with other golf carts, course property, or other structures can happen. With appropriate insurance coverage, any damages to your golf cart or other property will be taken care of, reducing potential financial burdens.
- **Personal Injury Coverage:** In the unfortunate event of an accident, golf cart insurance can provide coverage for your own injuries, medical expenses, and rehabilitation costs. This coverage ensures that you have access to necessary medical care without incurring significant financial hardships.

We want to create a safe and enjoyable environment for all members and guests. Requiring golf cart insurance for private carts used on our property is an essential step towards ensuring everyone's well-being.

If you have any questions or need assistance in obtaining golf cart insurance, our staff in the Business Office is here to help. Your safety and satisfaction are our utmost priorities.

Thank you for your attention to this important matter. Let's continue to prioritize safety and make our golfing experience at the club even more enjoyable.



## RULES AND REGS REVIEW

We hope you are enjoying your time at the club and taking advantage of all it has to offer. We want to remind everyone of the importance of maintaining respectful conduct and behavior while on club premises.

As we all know, clubs operate best when all members adhere to the rules and regulations. However, we understand that rules can be overlooked or forgotten at times. That is why we are providing this friendly reminder to help us all stay on track.

In particular, we would like to emphasize the significance of respectful conduct and behavior. It is the foundation upon which our club's community is built. By treating fellow members, staff, and guests with kindness, consideration, and respect, we foster an inclusive and welcoming environment for all.

Respectful conduct sets the tone for positive interactions among members. When we treat each other with courtesy and empathy, we create a sense of unity and camaraderie. It enhances the club experience, allowing everyone to feel valued and appreciated.

Furthermore, respectful behavior plays a crucial role in maintaining a safe and harmonious environment. It means refraining from any form of discrimination, harassment, or bullying. We strive to create a space where all members can participate without fear of judgment or mistreatment. By upholding this rule, we ensure that our club remains a haven of respect and acceptance.

Let us remember that respectful conduct extends beyond interactions between members. It includes respecting club property, facilities, and staff. Treating the club's facilities with care and cleanliness not only preserves their quality but also shows appreciation for the resources and amenities available to us.

We kindly remind all members to familiarize themselves with the club's code of conduct and actively practice respectful behavior. Together, we can maintain a club where everyone feels welcomed, valued, and connected.

Thank you for your cooperation in upholding the rule of respectful conduct and behavior. Let's continue to make our club a place of warmth, friendship, and respect.





## Experience the Ultimate Golf Recovery with Full-Spectrum Infrared Saunas

*By: Brantley Hawkins, MS, ATC, LAT, cofounder of New Dimensions Wellness*

Golf can be both a rewarding and physically demanding sport. To maintain peak performance and minimize discomfort, golfers need effective recovery strategies. Full-spectrum infrared saunas, which combine near, mid, and far infrared waves, offer the ultimate solution for post-golf recovery. By providing a comprehensive range of benefits that target muscle soreness, joint pain, and overall well-being, full-spectrum infrared saunas can help you bounce back from a day on the course and enhance your golf experience.

Benefits of Full-Spectrum Infrared Saunas:

Full-spectrum infrared saunas harness the power of all three infrared wavelengths, offering a diverse range of benefits for golfers:

1. **Reduced Muscle Soreness and Inflammation:** Near infrared wavelengths penetrate the body at a shallow depth, targeting muscle tissues and promoting faster recovery. This can help alleviate muscle soreness, stiffness, and inflammation after a day on the course.
2. **Improved Joint Health:** Mid infrared wavelengths reach deeper into the body, focusing on joint tissues. By increasing blood flow and delivering essential nutrients to joints, mid infrared can alleviate pain, reduce inflammation, and accelerate the healing process. This can lead to improved flexibility and mobility, enhancing your overall golf experience.
3. **Detoxification and Immune System Support:** Far infrared wavelengths penetrate the deepest, raising the body's core temperature and stimulating the sweat glands. This process helps flush out toxins and impurities, improving overall health and resilience to the physical demands of golf. Far infrared saunas also offer immune system support, helping you stay healthy and active.
4. **Stress Relief and Relaxation:** Full-spectrum infrared saunas provide a deeply relaxing experience, as the heat penetrates your body and alleviates tension. This can help reduce stress levels, leaving you feeling refreshed and rejuvenated after each session.

Utilizing our Sunlighten 3 in 1 infrared sauna can greatly enhance your golf recovery and overall well-being. By combining near, mid, and far infrared wavelengths, our Sauna offers a comprehensive solution for addressing muscle soreness, joint pain, detoxification, and stress relief. Incorporating regular full-spectrum infrared sauna sessions as well as our exercise programs and other advanced therapies into your golf routine will give you the edge and recovery you need to play and win at golf.

All this is available here at ND Wellness Club.

## SUMMER PEACH SANGRIA

### Ingredients

- 1 750ml bottle white wine Sauvignon Blanc, Moscato, Pinot Grigio
- ½ cup triple sec
- ½ cup orange juice
- ½ cup
- 3 peaches
- 1 mango
- blueberries for garnish
- 1 cup club soda

### Instructions

- Puree or muddle together one peach, half of a mango, and orange juice.
- Slice other half of mango and two peaches into neat slices. Add to pitcher or carafe.
- In pitcher, combine fruit puree, fruit slices, triple sec, white wine, and simple syrup. Stir.
- Refrigerate sangria overnight (or for at least several hours).
- Serve sangria over ice with a splash of club soda. Garnish with blueberries.



## FOOD & BEVERAGE FAVORITES

### MANGO SALSA

**Quick and easy Mango Salsa! It includes sweet juicy mangoes, crisp red bell pepper, creamy avocado, and a bright cilantro-lime finish. It is the perfect fresh dip or topping.**

### Ingredients

- 2 cups peeled and diced mangoes, (about 2 small)
- ¾ cup chopped red bell pepper
- 1 medium avocado, diced
- 1/3 cup chopped red onions, rinsed in a sieve to remove harsh bite
- 1/4 cup chopped fresh cilantro
- 3 Tbsp fresh lime juice
- 1 jalapeno, seeded and diced
- Salt, to taste

### Possible Variations

Here are a few different ingredients you can add (you can swap out the bell pepper, avocado, even the Mango!):

- Pineapple
- Black beans
- Corn
- Peaches

### Instructions

- In a medium mixing bowl toss together all ingredients.
- Season with salt to taste. Serve shortly after preparing (as the avocado will start to brown).



## PETS OF OTGC



Meet Mia's very own Leo!

Hi everyone, my name is Leo. I'm half main coon half regular tabby cat. I'm my mom's greatest joy. I like to follow my mom around all day and watch her do her everyday tasks. I'm the biggest couch hog, I demand food, and I roam her place free of cost. But I love my mom and you guys should too because when she's not taking care of me she's taking care of you guys.

## MOMENTS WITH MEMBERS



Today, we are thrilled to share an incredible story of perseverance and triumph by one of our own members, Brendan Valdes, who recently participated in the Florida Final Qualifier for the U.S. Open.

In a display of skill and determination, Brendan Valdes secured a spot in the U.S. Open. The journey to this achievement was not without its

challenges, as the Florida Final Qualifier presented a formidable test for all participants. However, our very own Brendan Valdes rose to the occasion, showcasing his exceptional golfing abilities and unwavering resolve.

Facing stiff competition from top-notch players, Brendan Valdes demonstrated his mettle and displayed a remarkable level of composure throughout the tournament. This accomplishment is a testament to the countless hours of practice and dedication that Brendan Valdes has put into honing his skills on the green.

We extend our heartfelt congratulations to Brendan Valdes for this extraordinary achievement. His journey to the U.S. Open is an inspiration to us all, showcasing what can be accomplished through hard work, passion, and a never-give-up attitude.

As we celebrate this incredible milestone, let us also take a moment to reflect on the collective accomplishments of our members throughout the season. Each one of you has contributed to the vibrant and dynamic spirit of our club, and we are immensely proud of all your achievements, big and small.

In the spirit of fostering a strong community, we encourage you to share your own golfing stories, triumphs, and experiences. Whether it's a personal milestone, an exciting tournament, or simply a memorable round with friends, we want to hear about the moments that make golf special to you. Send us your stories, and we may feature them in upcoming editions of "Moments with Members."

Once again, congratulations to Brendan Valdes on his remarkable accomplishment. Let us continue to support and inspire each other as we embark on new golfing adventures together.

## HAPPY BIRTHDAY!

1	SIMON PLUMB
5	KEN GRIMES
5	JEAN PEREZ
6	JEFF M RAMSEY
6	ASHOUR HATEM*
7	JOHN GRAY
7	DYLAN KOTES
8	BILL TOPARI
8	MARIA KOVALENKO
8	CHEONIL KIM MD
8	BRANDON LOHR
9	DENNIS STEINMETZ
9	BOBBY PINSON
9	BRAYDEN A. EVANS*
10	STEPHANIE CRAWFORD
12	MARJORIE JONES
12	KEVAL S PATEL
12	LEI LI
16	NEAL CARRIS
16	ERIK SHARPEE
16	URJEET R PATEL
16	AMAR PATEL
17	KYLE KEEFE
17	MARY ANN MOALLI
17	PATRICK WILLIAMSON
18	RONNIE DUPUIS
18	KERON (SMOKES) GRANT*
19	CHUCK SAMPSON
19	DUBLIN STEDING
19	CORY EDWARDS
20	JACK CRAYNE*
23	KENNETH T. LYDE*
24	JOHN H RUBLE
24	WILLIAM BROWN
25	ROGER ROSS
25	CHARLES MCBRIDE
26	VICTOR FIGUEROA
26	KEVIN BOROWICZ
27	JEFF PRYOR
28	HEE (AMY) YANG
28	ZACH FEAR
29	TAHIR ANSARI
29	JOEY PETRONIO JR
30	DELFINA SANABRIA
30	NIKESH SHAH

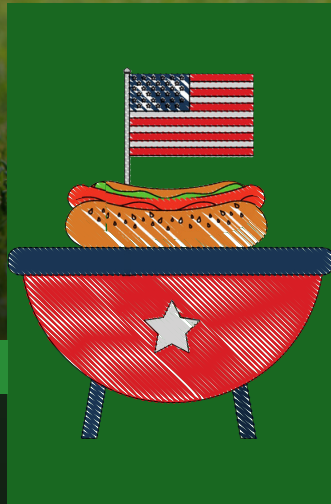
\*OTGC Employee

If your birthday was missed, it was not intentional. Please Email us and we can update your member profile.



# SAVE THE DATE THE BASH AT THE TREE

HOSTED BY THE GOLF BUMS



**MONDAY JULY 3RD**  
**9:00AM SHOTGUN**

IN TOTAL CASH PRIZE

**\$4,800.00**

BASED ON 40 PLAYERS

## **TOURNAMENT FACTS**

OPEN TO MALE MEMBERS 18+

1 GROSS BALL - 1 NET BALL

4 SOMES ONLY

PAYS TOP THREE TOTAL SPOTS

CASH PRIZES

TIEBREAKERS IN PLACE

CLOSEST TO PIN CONTESTS

REGISTRATION COMING SOON

**\$150.00** / Person

FIRST 25 TO ENTER ARE  
ELIGIBLE

**TO WIN A COBRA DRIVER**

ADDITIONAL INFORMATION TO FOLLOW  
QUESTIONS - EMAIL [otgolfbums@gmail.com](mailto:otgolfbums@gmail.com)

AUTOMATIC ENTRY TO FREE RAFFLE  
FULL BARBEQUE BUFFET  
ONE FREE RAFFLE TICKET INCLUDED  
CLUB TEE RULES IN EFFECT



# thank you



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# Tom Green

Beloved Husband, Father,  
Grandfather, U.S. Army Veteran,  
Friend

April 21, 1930



~

June 3, 2023



# July 2023 at



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Don't forget we are social!</p>  						<p><b>1</b></p> <p><b>Men's Club</b> 7:30 am</p> <p><b>Powerball</b> 8:00 am</p> <p><b>Ladies'</b> 9:00 am</p> <p><b>Scratch Game</b> 12:00 pm</p>
<b>2</b>	<p><b>3</b></p> <p>OPEN</p> <p><b>The Golf Bums</b> 9:00 am</p>	<p><b>4</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Ladies'</b> 9:00 am</p> <p><b>Coach's Game</b> 12:00 pm</p>	<p><b>5</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Mens Club</b> 8:00 am</p> <p><b>Scratch Game</b> 1:00 pm</p> <p><b>Dinner</b> 6:00 pm-8:00 pm</p>	<p><b>6</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Coach's Game</b> 12:00 pm</p>	<p><b>7</b></p> <p><b>Men's Club</b> 7:30 am</p> <p><b>Scratch Game</b> 1:00 pm</p> <p><b>Dinner</b> 6:00 pm-8:00 pm</p>	<p><b>8</b></p> <p><b>Men's Club</b> 7:30 am</p> <p><b>Powerball</b> 8:00 am</p> <p><b>Ladies'</b> 9:00 am</p> <p><b>Scratch Game</b> 12:00 pm</p>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>CLOSED FOR AERIFICATION</b>						<p><b>15</b></p> <p><b>Men's Club</b> 7:30 am</p> <p><b>Powerball</b> 8:00 am</p> <p><b>Ladies'</b> 9:00 am</p> <p><b>Scratch Game</b> 12:00 pm</p>
<b>16</b>	<b>17</b>	<p><b>18</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Ladies'</b> 9:00 am</p> <p><b>Coach's Game</b> 12:00 pm</p>	<p><b>19</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Mens Club</b> 8:00 am</p> <p><b>Scratch Game</b> 1:00 pm</p> <p><b>LEGS: "Nine &amp; Wine"</b> 4:50 pm-8:00pm</p> <p><b>Dinner</b> 6:00-8:00 pm</p>	<p><b>20</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Coach's Game</b> 12:00 pm</p>	<p><b>21</b></p> <p><b>Men's Club</b> 7:30 am</p> <p><b>Scratch Game</b> 1:00 pm</p> <p><b>Dinner</b> 6:00-8:00 pm</p>	<p><b>22</b></p> <p><b>Men's Club</b> 7:30 am</p> <p><b>Powerball</b> 8:00 am</p> <p><b>Ladies'</b> 9:00 am</p> <p><b>Scratch Game</b> 12:00 pm</p>
<b>23</b>	<b>24</b>	<p><b>25</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Ladies'</b> 9:00 am</p> <p><b>Coach's Game</b> 12:00 pm</p>	<p><b>26</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Mens Club</b> 8:00 am</p> <p><b>Scratch Game</b> 1:00 pm</p> <p><b>Dinner</b> 6:00 pm-8:00 pm</p>	<p><b>27</b></p> <p><b>Juniors Golf Camp</b> 9:00 am-2:00 pm</p> <p><b>Coach's Game</b> 12:00 pm</p>	<p><b>28</b></p> <p><b>Men's Club</b> 7:30 am</p> <p><b>Scratch Game</b> 1:00 pm</p> <p><b>Dinner</b> 6:00-8:00 pm</p>	<p><b>29</b></p> <p><b>Men's Club</b> 7:30 am</p> <p><b>Powerball</b> 8:00 am</p> <p><b>Ladies'</b> 9:00 am</p> <p><b>Scratch Game</b> 12:00 pm</p>
<b>30</b>	<b>31</b>					

## Hours of Operation

**Pro Shop:**  
Tuesday-Sunday  
7a-6p

**Range:**  
Tuesday -Saturday  
7a-6p\*  
Sunday 7a-5p\*

**Tuesday:**  
Food Service  
9a-3p  
Bar Service  
9a-6p

**Wednesday:**  
F&B Service  
9a-8p  
Pub Night  
5:30-8p

**Thursday:**  
F&B Service  
9a-6p

**Friday:**  
Food Service  
9a-8p  
Bar Service  
9a-9p  
Dinner Menu  
5:30-8p

**Saturday & Sunday:**  
F&B Service  
8:30a-6p

\*Range closes 30 minutes before dusk, 1 hour prior on Sundays