

## INSIDER December 22

### Orange Tree Golf Club

Thank you for sharing in OTGC's 50th year! From record-setting charity tournaments to recognition from golf's great governing bodies; from hurricane clean-up to getting down on the dance floor; new members, new employees, new friendships... A momentous occasion made all the more special because we were in it together. I can hardly wait for what comes next.



Merry Christmas! Happy Hanukkah! Joyous Kwanzaa! Feliz Navidad! Peaceful Solstice! Whatever you celebrate, and however you celebrate, may your holiday season sparkle with love and laughter. May the goodwill in your heart spread to those around you and may your new year be filled with peace and joy.

Cheers!

Shannon



#### **WELCOME NEW MEMBERS**

Robert Fitzpatrick Vinay Gutti You Yang Li Manish Parikh Hae Cheon Park & Eun Kyung Choi Larry Wells

#### WELCOME BACK

Jason Moss and family



#### CONGRATULATIONS

Ladies Club Championship:

Overall: Kim Nigrelli Net: Maria Kovalenko Senior Club Champ: Julie Jackson Senior Club Net: Tie – Connie Kaskey and Kathy Wisne Super Senior Champ: Jeanette Lawrence Super Senior Net: Tommie Witthohn









**Aaron Leach** – verbally committed to play golf for the University of Nevada Reno. Aaron graduates in May 2023 and will start college next fall. Aaron is coming off of a second place win this year in the FHSAA State Championship!



**Team OTGC** - finished T10 and in the money at the Las Vegas ProAm at Red Rock Country Club **Pictured:** George Mandras, Kenwood Gaines, Mark Olivier, Richard Watkins, David Damesworth. DD was the low pro for the tournament shooting 68-66-73



#### OTGC Staff Members celebrating employment anniversaries with us this month:

Megan Peterson – 1 year Keron Grant – 3 years Shanta Lalmoni – 3 years Kenneth Lyde – 3 years Lynn Reagin – 21 years

#### ORANGE TREE INSIDER

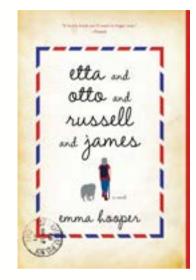


Be sure to check out the Orange Tree Insider! Hosted by Lauren Thompson, it's an informative monthly video segment in collaboration with the Golf Channel. Episodes can be found on the main page of our website, our Facebook page, and our YouTube channel. This month Lauren speaks with our newest staff member: Head Golf Professional Daniel Bigbie.

#### **BOOK CLUB**

This year the OTGC Book Club is reading some of our member's favorite books!

This month's selection is Etta and Otto and Russell and James by Emma Hooper, and was chosen by Shannon Wisne Helton. Says Shannon, "This book had me hooked in the first paragraph, and its magic has stayed with me over the years. It's in my Top 10 favorite books of all time."



OTGC Book Club meets the 4th Thursday of each month at 2pm. This month's Book Club will take place Thursday, December 22nd. You don't have to make it every month to participate... join us in any month the book selection interests you! If you have a favorite book you would like considered for discussion, please email Shannon at swisne@orangetreegolfclub.com, and be sure to tell her why it's a favorite of yours!

#### **REMINDER!**

The deadline to contribute to the Staff Christmas Bonus is December 2nd.

The deadline for the 2023 Annual Dues option is December 9th.

# CHRISTMAS GOLF TOURNAMENT

#### **BRIDGE CLUB**

Open to men and women, social and golf members! Rubber bridge every Wednesday at 1pm. Bridge Club is run by member Linda Kenney. Stop by the Administration office for info on how to join.

#### **SAVE THE DATES**

December 1: Men's One-Day Member-Guest **December 2: Staff Christmas Bonus** deadline December 9: 2023 Annual Dues deadline **December 10: Junior Club Championship December 11: Christmas Tournament** December 13: Princess 19 (rain date) **December 15: Member Christmas Party** December 22: Book Club January 5: Men's One-Day Member Guest January 15: Mixed Team Stableford February 2: Men's One-Day Member Guest February 11-12: Senior Men's Club Championship February 14: Valentine's Day Couples Mixer February 25-26 Men's Club Championship March 2: Men's One-Day Member Guest March 7: Ladies 9-Hole Invitational March 11: St. Patrick's Day Tourney March 23-25: Men's Member Guest March 29-30: Ladies Member Guest **April 16: Parent Child Tournament** 



#### ADDITIONS FROM ADMINISTRATION

By Katrina Pare Office Administrator

Hey everyone!

#### Be the First to Update!

We've Updated Our Payment Processor! You can now update your payment information Online through WebRes.

#### **Please Verify Your Information!**

We're asking our members to verify that their payment information has been transferred and is up to date! The best way to verify your information is by Deleting and re-entering your payment information on WebRes.

Don't Have a WebRes Account? We can set it up for you!

#### What is WebRes?

WebRes is our Member Only Online Portal System on our website, this is separate from the Golf Genius tournament portal. WebRes provides you with online access to your membership account, to book tee times (for Golf Members), and make one-time payments all at the click of a button! You can even access six months of previous statements and the details on charges!

Have a Question? Feel free to stop by the Business office, send me an email at kpare@orangetreegolfclub.com, or give us a call at 407-351-4034!







#### DIRECT FROM DAVID

By David Damesworth Director of Golf

Pace of Play Expectations for foursomes

#### We need your help

The goal is for everyone to enjoy themselves; we are doing our part here at Orange Tree, but it is vital that you do your part as well. We understand not all golfers are created equal, but all golfers can follow the Pace of Play Rules below!

Reminder: singles, twosomes and threesomes do not have priority over a foursome.

You can play well or poorly, but you can do it faster when you adhere to the following!

Unfortunately, it only takes ONE group to slow down the entire day for all our members and guests. We strive to make playing Orange Tree an enjoyable experience for everyone.

#### Play ready golf!

- Play the appropriate tees for your age and ability.
- If you're playing casual golf and a group behind you is faster than you, let them play through.
- If you get behind, and the group in front of you has more golf carts than you do, do the best you can to help get your group into proper position, it is up to the group to recognize this and play ready golf to reduce the gap.
- Limit your practice swings to 1 in order to catch up.
- We do not like to move groups but if you are out of position, you will be asked to move back into position. We understand the difference in pace with groups with two carts versus groups with four carts and lenience will be given in those situations.
- The USGA recommends 40 seconds or less to play any stroke!
- Pace of Play is a balance of position AND time. If you're keeping up with the group ahead of you, you are in position. If your group turn time is 2:00-2:10range, you are playing at an acceptable pace. An acceptable round is 4:00-4:20 for a foursome with two carts.

Thank you for your help on Pace of Play. If everyone does their part, it will make a great day for everyone. We appreciate your efforts and thank you for your help.



#### If You're Trying to Win, Why Would You Play With 1/3 of Your Clubs?

By: Justin Cobb, New Dimensions Wellness cofounder

If I took away 1/3 of your clubs how successful would you be on the golf course? The answer is obvious. Not as good as you could be. Could you still get around the course? Yes. Would you be optimized? No. Why am I even talking about this? Why would you ever do that? Great questions, but we do it all the time as it pertains to our health!

If we truly want to optimize ourselves from a health perspective we need to be wholistic in our approach. We need to have access to our full bag of clubs! So many individuals only focus on a third of their health. The full picture consists of how we treat our body from a structural perspective, a biochemistry perspective and a mental/emotional perspective.

What effects our cells from a structural perspective? This would be how we move, how we exercise, what we do on a day-to-day basis, postures we put ourselves in daily and many other stimuli. Many people exercise for health (albeit improperly, more on this in another piece later) but they neglect what they bring into their body and what they think. Only exercising will give us 1/3 of what our cells need to feel healthy.

Biochemistry includes what we put and bring into our body. What we eat, drink, lotions we use, shampoos, toothpastes, quality of air we breath, quality of water we drink, exposure to good sunlight, exposure to artificial fluorescent light, do we constantly stare at a computer or tv and get the negative blue/green light spectrum, do we carry a cell phone where we are constantly bombarded with EMR, wifi and Bluetooth? All these stimuli affect your cells and how healthy you feel.

What we think is constantly effecting us on a cellular level on a Mental/Emotional level. Stress causes physical manifestations and self-sabotaging behaviors. A great example of this is the posture of a sad/depressed person versus the posture of a happy person. The sad/depressed person will have a slumped posture, possible hanging shoulder where a happy person is upright and smiling. This may be the most overlooked aspect of heath and in my opinion the most important. Think going out to play without any wedges or your putter. Doomsday!

If you are trying to win at life and be the best version of yourself you need to look at the entire picture. New Dimensions Wellness has treatments and therapies to address every aspect of health. Address that health using your entire bag of clubs and win at life and on the course.

All Love Everything!



#### CATERING WITH KIRSTEN

By Restaurant and Event Manager Kirsten Carter



#### Ingredients

- 1oz Vodka
- 1oz Kahlua
- 1oz Half & Half
- Dash of Peppermint Extract
- 1 Candy Cane, crushed
- Chocolate Syrup

#### Preparation

- 1.Dip your glass into Chocolate Syrup, then roll glass rim in Crushed Candy Cane pieces.
- 2.Pour Vodka, Kahlua, and Peppermint Extract into glass.
- 3. Fill with Ice, and then top with Half & Half 4. ENJOY!

#### PETE'S EATS

#### By Executive Chef Pete Madden

#### CHOCOLATE PEPPERMINT POKE CAKE

#### Ingredients

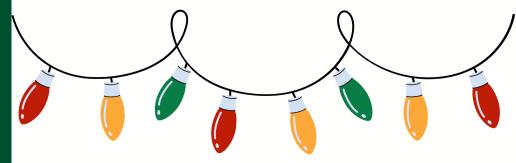
- 1 Box Devil's Food Cake, (and ingredients on box to make cake!)
- 1 Jar of Hot Fudge Sauce, 11.75oz
- 1 14oz Can Sweetened Condensed Milk
- 1/4 tsp Peppermint Extract
- 1 8oz Container Cool Whip
- 1 10oz Bag Peppermint Crunch Baking Chips

#### **Cooking Instructions:**

1. Bake Cake in a 9x13 inch pan according to directions.

- 2.While the cake is baking, mix sweetened condensed milk, hot fudge sauce, and peppermint extract. When the cake is done and while it's still hot, poke holes in it with a fork, spoon handle, or straw. Pour milk mixture over the cake. Allow cake to cool completely.
- 3. Sprinkle half the peppermint crunch over cake. Spread Cool Whip over the top, then sprinkle the remaining peppermint crunch on top. Chill.







#### DOGS OF OTGC



Meet Annie! This sweet girl loves to visit the farm, the grandkids, all little kids in fact, and she has never met an ice cube she didn't like! This cute cotton ball belongs to Dan and Betty Adams.



#### **MOMENTS WITH MEMBERS**

Congrats John and Lindsay Parrett, who gained a lovely daughter-in-law! Lucas married Hailey Shawron in Beech Mountain, NC this fall.

Neal Carris – checked off a MAJOR Bucket List item by playing golf in all 50 states! Pictured is Neal with his son Jake





#### HAPPY BIRTHDAY!

- 1 FORD DUANE MARLIYN HARKNESS
- 2 CHARLIE LENTZ RONG "CHERRY" LI
- 3 LYNN REAGIN\*
- 5 DONNA BARLEY BILL MILLER
- 6 JON BRENDLE HARRY PATEL
- 9 COLLIN KELLOGG
- 10 CRAWFORD BARLEY SCOTT ROSE
- 12 JOHN BATES JACK GARRITY
- 13 BRUCE LACK ELVIERA BAKER
- STACEY DEWACHTER
- 15 GEORGE MANDRAS
- 16 CHRIS PURCELL\*
- 19 JEFF RUDE
- 20 JOHN QUARLESS JEANETTE LAWRENCE SHEILA LEACOCK SHARON VENKER
- 21 STEVE CALLAN
- 22 BARBARA BURLINGHAM TIGER NOTARANTONIO
- 23 GARY AKERS
- 26 DOUG JACKSON ANDREA GARCIA
- 27 RAJUL PATEL
- 31 DEWEY TOMKO

#### \*Employee



# December 2022 at



[	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Don't forget we are social! () f				1 OTWGA 8:45 am Men's One-Day Member Guest 1:00 pm	2 Morning Game 8:00 am Ladies 9-Hole 8:48 am Scratch Game 1:00 pm Dinner Service 5:30-8:00 pm Staff Christmas Bonus deadline	3 Morning Game 7:52 am Powerball 8:00 am Ladies 9:00 am Scratch Game 1:00 pm
	4 Ladies 8:24 am	5 CLOSED	6 Morning Game 8:00 am Ladies 8:32 am Ladies 9-Hole 8:48 am Coach's Game 12:00 pm	7 Morning Game 8:00 am Scratch Game 1:00 pm Pub Night 5:30-8:00 pm	8 Morning Game 8:00 am OTWGA 9:00 am	9 Morning Game 8:00 am Ladies 9-Hole 8:48 am Scratch Game 1:00 pm Dinner Service 5:30-8:00 pm Annual dues enrollment deadline	10 Morning Game 7:52 am Powerball 8:00 am Ladies 9:00 am Scratch Game 1:00 pm Junior Club Championship
	11 Ladies 8:24 am Santa Scramble Golf Tournament 1:00 pm	12 CLOSED	13 Morning Game 8:00 am Princess 19 8:30 am	14 Morning Game 8:00 am Scratch Game 1:00 pm Pub Night 5:30-8:00 pm	15 Morning Game 8:00 am OTWGA 9:00 am Member Christmas Party and Pro Shop Balloon Sale 6:00 pm	16 Morning Game 8:00 am Ladies 9-Hole 8:48 am Scratch Game 1:00 pm Dinner Service 5:30-8:00 pm	17 Morning Game 7:52 am Powerball 8:00 am Ladies 9:00 am Scratch Game 1:00 pm
	18 B:24 am Happy Hanukkah!	19 CLOSED	20 Morning Game 8:00 am Ladies 8:32 am Ladies 9-Hole 8:48 am Coach's Game 12:00 pm Autopay processes today	21 Morning Game 8:00 am Scratch Game 1:00 pm Pub Night 5:30-8:00 pm	22 Morning Game 8:00 am OTWGA 9:00 am Book Club 2:00 pm	23 Morning Game 8:00 am Ladies 9-Hole 8:48 am Scratch Game 1:00 pm Dinner Service 5:30-8:00 pm	24 CLOSE AT 2pm Clubhouse, Golf Course & Practice Facility
	25 CLOSED	26 OPEN Golf course & Practice Area 7:00 am - 2:00 pm	27 Morning Game 8:00 am Ladies 8:32 am Ladies 9-Hole 8:48 am Coach's Game 12:00 pm	28 Morning Game 8:00 am Scratch Game 1:00 pm Pub Night 5:30-8:00 pm	29 Morning Game 8:00 am OTWGA 9:00 am	30 Morning Game 8:00 am Ladies 9-Hole 8:48 am Scratch Game 1:00 pm Dinner Service 5:30-8:00 pm	31 Morning Game 7:52 am Powerball 8:00 am Ladies 9:00 am Scratch Game 1:00 pm Happy Methy Methy
			y-Saturday Food S 9a-3p	ervice F&B Servic 9a-8p		<b>Friday:</b> Food Service 9a-8p Bar Service 9a-9p Dinner Menu 5:30-8p	<b>Saturday &amp; Sunday:</b> F&B Service 8:30a-6p